



"CONSTANTIN BRÂNCUȘI" UNIVERSITY OF TÂRGU-JIU
Faculty of Medical and Behavioural Sciences

under the patronage of
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in collaboration with

FENERBAHÇE UNIVERSITY, TURKEY
BOLU ABANT İZZET BAYSAL UNIVERSITY, TURKEY
AGRI İBRAHİM CECEN UNIVERSITY, TURKEY
İSTANBUL AYDIN UNIVERSITY, TURKEY
LARISSA HANDBALL CLUB, GREECE

CONFERENCE

PROGRAMME

10th EDITION
SEPTEMBER 15-16, 2022
TÂRGU-JIU

SCIENTIFIC COMMITTEE

- PhD Professor Branislav Antala, Vice-president of FIEPS Word International
- PhD Professor Monica Delia Bîcă, "Constantin Brâncuși" University of Târgu-Jiu
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- PhD Professor Mustafa Kâmil Özer, Fenerbahçe University, Turkey
- Karagkouni Xarikleia, President of Larissa Handball Club, Greece
- Vassilis Gouravas, Manager of Larissa Handball Club, Greece
- Enric M. SEBASTIANI, secretary academic, Blanquerna-Universitat Ramon Llull, Spain
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- PhD Professor Gazanfer DOĞU, İstanbul Aydın University, Turkey
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- PhD Assoc. Prof. Peter Krska, Catholic University in Ružomberok, Slovakia
- PhD Professor Martin Zvonař, Masaryk University, Brno, Czech Republic
- PhD. RNDr. Adriana Kaplánová, Comenius University in Bratislava, Slovakia
- PhD Professor Jaromir Sedlacek, University of Presov, Slovakia
- PhD Professor Talaghir Laurentiu-Gabriel, "Dunarea de Jos" University of Galati, Romania
- PhD Assoc. Prof. Bendíková Elena, Catholic University in Ružomberok, Slovakia
- PhD Professor Dilara Özer, İstanbul Kent University, Turkey
- PhD Assoc. Prof. Tuna Uslu, Fenerbahçe University, Turkey
- PhD Lecturer Üyesi İlknur Hacısoftaoğlu, İstanbul Bilgi University, Turkey
- PhD Lecturer Dr. Öğr. Üyesi Serkan Esen, Fenerbahçe University, Turkey
- PhD Lecturer Üyesi Sibel Nalbant, Alanya University, Turkey
- PhD Professor Serkan HAZAR – Sivas Cumhuriyet University, Turkey
- PhD Professor Gökhan BAYRAKTAR - Ağrı Ibrahim Cecen University, Turkey
- PhD Assoc. Prof. Cemal Berkan ALPAY – Ağrı Ibrahim Cecen University, Turkey
- PhD Assoc. Prof. Ercan POLAT – Ağrı Ibrahim Cecen University, Turkey
- PhD Professor Alina Daniela Moanță, U.N.E.F.S. Bucharest
- PhD Professor Virgil Tudor, U.N.E.F.S. Bucharest
- PhD Professor Marian Dragomir, University of Craiova
- PhD Professor Dorina Orțănescu, University of Craiova
- PhD Assoc. Prof. Turcu Ioan, Transilvania University of Brașov, Romania
- PhD Assoc. Prof. Tohanean Dragoș, Transilvania University of Brașov, Romania
- PhD Assoc. Prof. Bianca Ferrario, "Valahia" University of Târgoviște
- PhD Assoc. Prof. Camelia Plăstoi, "Constantin Brâncuși" University of Târgu-Jiu
- PhD Assoc. Prof. Oana Păstae, "Constantin Brâncuși" University of Târgu-Jiu
- PhD Assoc. Prof. Georgian Badea-Miss, "Constantin Brâncuși" University of Tg-Jiu
- PhD. Assoc. Prof. Iacob Daniel Chivu, "Constantin Brâncuși" University of Tg-Jiu

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PhD Professor **Mustafa Kâmil Özer**
PhD Assoc. Prof. **Kerim Sözbir**
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Assistant prof. **Guță Natalia**
Assistant prof. **Guță Eduard Leonard**
Assistant prof. **Mecu Roxana**
Assistant prof. **Nănescu Valentin**

CONFERENCE TOPICS

Sports science



Physical Therapy and Health

E-learning and teaching innovation



PAPER PRESENTATION

Paper presentation will be oral, e-poster and virtual (video). All the papers will be published in the *PROCEEDINGS of the International Scientific Conference "THE INFINITY OF HUMAN PERFORMANCE"*, "Academica Brancusi" Publishing House, ISSN 2344 – 1003; ISSN-L 2344 – 1003. The conference organizers reserve the right to select and publish the best papers in *Annals of "Constantin Brâncuși" University*.

CONFERENCE PROGRAMME

Tuesday, September 15th, 2022

- 14⁰⁰ – 14³⁰ - Opening of the online conference

PhD Professor **Luminița-Georgeta Popescu**, Rector of "Constantin Brâncuși" University, Romania

PhD Professor **Branislav Antala**, Vice-president of FIEPS World International

PhD Professor **Gheorghe Balint**, Vice-president of FIEPS Europe, Romania

- 14³⁰ – 16³⁰ – Online plenary presentations

Vassilis Gouravas, Manager of Larissa Handball Club, Greece

PhD Professor **Kemal TAMER**, İstanbul Aydın University, Turkey

PhD Assoc. Prof. **Kerim Sözbir**, Bolu Abant İzzet Baysal University, Turkey

PhD Professor **Mustafa Kâmil Özer**, Fenerbahçe University, Turkey

Friday, September 16th, 2022

- 10⁰⁰ – 13⁰⁰ – Online paper presentation
- 13⁰⁰ - Closing of *The 10th Edition of the International Scientific Conference – "The Infinity of Human Performance"* - ISC-IHP 2022

SECTION I SPORT SCIENCE

Friday, September 15th, 2022, online, 10⁰⁰ – 13⁰⁰

TITLE OF PAPERS

Author /-s

1. ***THE CONNECTION BETWEEN THE ASSIMILATION OF MOVEMENTS SPECIFIC TO ARTISTIC SPORTS AND MULTIPLE INTELLIGENCES IN YOUNG PEOPLE***

PhD. Assoc. Prof. Camelia PLĂSTOI

2. ***THE PECULIARITIES OF FOOTBALL GAME TACTICS***

PhD. Assoc. Prof. Iacob Daniel CHIVU

3. ***IDENTIFYING COMMUNICATION PROBLEMS IN HANDBALL GAME***

PhD. Lecturer Bogdan CHEPEA

4. ***THE BENEFITS OF CARDIOVASCULAR FITNESS***

PhD. Lecturer Florin NEFERU

5. ***THE IMPORTANCE OF EFFORT CAPACITY RECOVERY FOR REACHING PEAK PERFORMANCE IN SPORTS***

PhD. Lecturer Florin NEFERU

6. ***MAINTAINING OPTIMAL HEALTH BY PRACTICING AEROBIC GYMNASTICS AS A LEISURE TIME ACTIVITY***

Gymnastics Coach, Karina PICA

7. ***THE IMPORTANCE OF COMPLEMENTARY TRAINING FOR GROUPS OF BEGINNERS IN AEROBIC GYMNASTICS***

Gymnastics Coach, Karina PICA

8. ***THE CORRELATION BETWEEN TECHNIQUE AND FITNESS IN BASKETBALL***

PhD. Assoc. Prof. Georgian BADEA-MISS

9. ***MODERN DRILLS IN BASKETBALL***

PhD. Assoc. Prof. Georgian BADEA-MISS

10. STUDY ON THE INTENSITY OF SPECIFIC FOOTBALL POSITIONS IN U19 JUNIORS

PhD Teacher, Bogdan CHIRIAC

11. THE AEROBIC POWER, A DETERMINING FACTOR OF MODERN FOOTBALL IN U19 JUNIORS

PhD Teacher, Bogdan CHIRIAC

12. THE FORM OF THE HEART RATE MANIFESTATION IN SPORTS ACTIVITIES

PhD Assoc. Prof. Bianca FERRARIO

PhD Assoc. Prof. Cristian SAVU

13. PSYCHICAL SKILLS IN BASKETBALL

Basketball Coach, Alexandru GLIGA

14. EXPLORING THE RELATION BETWEEN MOTOR EXPERIENCE, EXECUTIVE FUNCTIONS AND ACADEMIC ACHIEVEMENT

PhD Student Cristina d'ARANDO

PhD Domenico MONACIS

Full Professor Dario COLELLA

15. RELATIONS BETWEEN AGILITY TESTS AND MOTOR REACTION TIMES IN YOUNG SPORTSMEN

PhD Student Nicola MANCINI

Full Professor Dario COLELLA

PhD Lecturer Vlad Teodor GROSU

16. INVESTIGATION OF THE RELATIONSHIP BETWEEN REFEREE PERFORMANCE AND EMOTION REGULATION

PhD Assoc. Prof. Aydın KARAÇAM

Assist. Prof. Dr. Bekir Erhan ORHAN

PhD Assoc. Prof. Ali Selman ÖZDEMİR

RES ASST Alpar Aser SABUNCU

17. THE CHARACTERISTICS OF THE EFFORT IN THE FOOTBALL GAME

Teacher, Gabriel RĂSCOL

18. HIGHLIGHTING THE CONDITIONAL FACTORS IN THE OFF-SEASON PHYSICAL TRAINING OF SKIERS AGED BETWEEN 12 AND 15 YEARS

Alpine Skiing Trainer, Adrian PICA

**19. THE PHYSICAL PREPARATION OF THE BEGINNER SKIING GROUPS
THROUGH COMPLEMENTARY TRAINING**

Alpine Skiing Trainer, Adrian PICA

20. THE ROLE OF SPORT IN INCREASING SELF-IMAGE

Teacher Gabriela CĂPRARU

21. PHYSICAL EDUCATION - SPORTS PERFORMANCE - SPORTSMANSHIP

Teacher Gabriela CĂPRARU

**22. METHODOLOGICAL VIEWS REGARDING PHYSICAL EDUCATION IN
MILITARY TRAINING PROGRAMS**

PhD. Student Valentin Sorin ENĂCHESCU

**23. THE NEED OF DEDICATED COMBAT TRAINING PROGRAMS WITHIN
MILITARY EDUCATIONAL INSTITUTIONS**

PhD. Student Valentin Sorin ENĂCHESCU

**24. ASPECTS REGARDING THE PLACE AND IMPORTANCE OF THE COACH
IN FOOTBALL**

Assistant professor Eduard-Leonard GUȚĂ

**25. IMPACT OF PHYSICAL EXERCISES ON THE HARMONIOUS
DEVELOPMENT OF STUDENTS**

Teacher, Manuel COLȚESCU

**26. ASPECTS REGARDING THE IMPROVEMENT OF THE SPECIFIC
ELEMENTS OF THE HANDBALL GAME**

Teacher, Manuel COLȚESCU

SECTION II

Physical Therapy and Health

Friday, September 16th, 2022, online, 10⁰⁰ – 13⁰⁰

1. THE EVOLUTION OF CHILDREN MOTRICITY IN ONTOGENESE

PhD Assoc. Prof. Tiberiu TĂTARU

PhD Lecturer Bogdan NICULESCU

2. THERAPEUTIC CURRENTS IN RESPIRATORY RECOVERY

PhD. Assoc. Prof. Tiberiu TĂTARU

PhD Lecturer Bogdan NICULESCU

3. COUNTERMEASURES TO THE REEDUCATION OF WALKING IN CHILDREN WITH CEREBRAL PALSY

Assistant professor Andreea POPESCU

4. BALANCE REEDUCATION IN CHILDREN WITH INFANTIL CEREBRAL PALSY

Assistant professor Andreea POPESCU

5. CONSIDERATIONS REGARDING THE CONCEPT OF SUSTAINABLE DEVELOPMENT IN THE PHARMACEUTICAL INDUSTRY

PhD Professor Daniela CÎRȚÎNĂ

6. THE CONSIDERATIONS REGARDING NOISE AND INSOMNIA

Assistant professor Roxana MECU

7. THE CONSIDERATIONS RELATED TO HOMEOPATHY AND COVID-19

Assistant professor Roxana MECU

SECTION III

E-learning and teaching innovation

Friday, September 16th, 2022, online, 10⁰⁰ – 13⁰⁰

1. USING E-LEARNING TOOLS FOR BUILDING INTERACTIVITY IN TEACHING ENGLISH LANGUAGE

Ph.D. Assoc. Prof. Oana-Maria PĂSTAE

2. INVESTIGATION INTO RECREATIONAL ACTIVITIES IN YOUTH CENTRES IN TERMS OF LEISURE LITERACY

PhD Assoc. Prof. Ali Selman ÖZDEMİR

Assist. Prof. Dr. Bekir Erhan ORHAN

PhD Assoc. Prof. Aydın KARAÇAM

Mohammad ALHENNAWI

3. CONTRIBUTIONS TO THE IMPROVEMENT OF THE DECISION-MAKING PROCESS IN THE FIELD OF SPORT

PhD Lecturer Virgil-Ion POPOVICI

4. ASPECTS REGARDING THE MANAGEMENT OF UNIVERSITY SPORTS CLUBS

PhD Lecturer Virgil-Ion POPOVICI

5. VOLUNTEERING - THE SCHOOL AS A FAMILY

Master Student Anișoara DINU

6. LEARN TO MEDITATE IN SCHOOL

Teacher, Claudia JANKO

7. INNOVATIVE TOOLS THAT DRIVE PERFORMANCE WITHIN THE SPORTS HIGH SCHOOLS

Teacher, Claudia PETRONIU

8. SOCIALIZATION DURING THE PANDEMIC

Research Assistant Luiza DRAGOMIR

9. MORAL DEVELOPMENT OF PRESCHOOLERS BY USING INNOVATIVE EDUCATIONAL TOOLS

Research Assistant Luiza DRAGOMIR